

The Benefits of Pre-
Planning and Using a
Care Manager

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What Does a Care Manager Do?

Guide clients and families in navigating the complexities of the continuum of care and in providing and linking to available resources for long-term care planning and support.

Care Management is

A discipline intended to improve patient care and outcomes by:

- *Enhancing coordination of care*
- *Eliminating duplication and error*
- *Supporting effective communication and collaborative practice*
- *Helping patients and caregivers to more effectively manage health conditions, challenges, and aspects of living.*



Our Mission

- To provide effective, ongoing support.
- Be a continuous patient advocate.
- To ensure that high quality care is delivered within the guidelines of specified wishes.
- To be an expert in our field!



What Do We Do for Clients?

A lot of things!

We work in collaboration with Physicians, Hospitals, Discharge Planners, Elder Care Law Attorneys, Individuals and Families impacted by acute, chronic, or degenerative conditions, Banks and Trusts, Guardians and Powers of Attorney, SNF, AL, IL, Rehab and LTC communities, Home Health agencies, PT, OT, Speech, Nutrition, Hospice and Palliative Care Organizations, Adult Protective Services, Adult Day care Centers, Workmen, Builders, Social Workers...

Services

- Consultation & assessments with recommendations, strategic planning
- Interdisciplinary care coordination and customized care plans
- Healthcare advocacy
- Alternative living coordination: relocation services and guidance

Services

- Expediting medical appointments, consults, and testing
- Cognitive evaluations, counseling, education, and behavior modification assistance
- Family supportive services and counseling
- Benefits and insurance review including linking to entitlement programs
- Out of state / distant family care management

Services

- Socialization assistance and pet visits
- Adaptive equipment, home modification assistance, and other home care assistance
- Decluttering, organization, home sale prep, estate sales
- Caregiver education
- In facility quality review and more...

Different Hats for Different Clients



One size NEVER fits all!!!

No problem is ever too large!

CM's are also referred to as Care Advisors, Geriatric Care Managers and as Aging Life Care Professionals.

Care advisor services are covered by many long term care insurance policies.

Cost Benefits

- Strategic planning guidance to maximize funds and reducing overall expenses.
- Limit or avoid costly care related decisions
- Benefits review and entitlement program guidance
- Obtain and link to reputable resources
- Meet your goals by forming a customized care plan to support quality and value for your money.



Quality Benefits

Advocacy and Proactive planning!

- Monitoring quality of care, advocating, and ensuring wishes carried out
- Limiting medical complications and preventing:
 - hospitalizations
 - skilled nursing admissions
 - Complications / care related issues

Quality Benefits

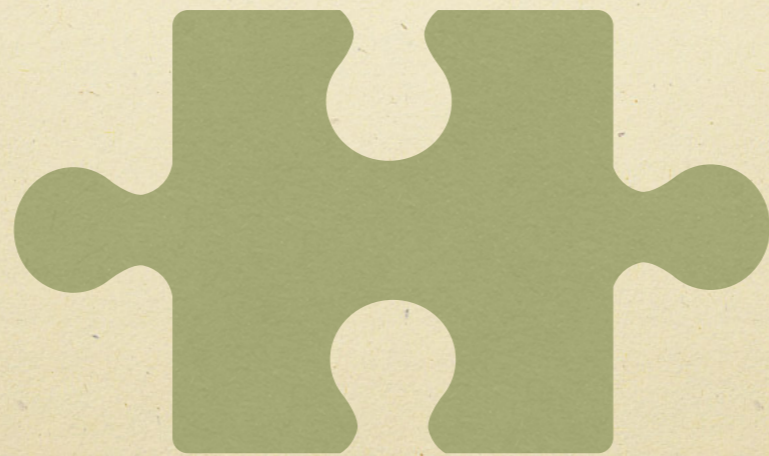
Effective communication flow and coordination of care!

- Keeping all health care providers on track and working together!
- Ensuring a better understanding & having input into care regime!
- Avoiding delay of care - timely follow up, testing, and consults

Holistic

Preventative

Client focused care is the goal!



Planning Considerations

- Care Manager as an advocate and resource
- Elder Care Attorney
 - Will, Durable Power of Attorney, Advanced Medical or Healthcare Directive, Living Trust
- Trusted Financial Manager
- Long Term Care Insurance
- Visiting Physician services
- Supplemental resources / entitlement programs
- Emergency plan



“By failing to prepare, you are preparing to fail.”

— Benjamin Franklin



“If you don't know where you are going, you'll end up someplace else.”

— Yogi Berra